

Transition of Care Guidelines & Information:

If you are in Health Net or WHA and your behavior health benefits will be transferred to
United Behavioral Health (UBH) – Non-Medicare members only: *

What's Available	What You Need to Do
<p>Network Providers: Many behavioral health providers used by Health Net or WHA are also UBH providers. If your provider is in both networks, you can continue to access care in-network.</p>	<p>Check the UBH provider directory for your provider. If he/she is participating, give your new i.d. card to your provider when you access care after 1/1/08</p>
<p>Outpatient Care: If your outpatient Health Net or WHA behavioral health provider is not a UBH provider, you may be able to continue with your current non-participating provider through UBH at the in-network benefit level until 6/30/08. You must have been receiving mental health or substance abuse outpatient services prior to 1/1/08 and extending in to 2008</p>	<p>If receiving outpatient care, call UBH at 1-888-440-UCAL (8225) after November 1, 2007 or within the first 31 days of 2008 for a certification of the transition benefit.</p>
<p>Inpatient Care: If you are receiving inpatient mental health or substance abuse treatment from a Health Net or WHA behavioral health provider that is not a UBH provider, you may be able to continue with your current non-participating provider through UBH at the in-network benefit level until discharge. You must have been receiving mental health or substance abuse inpatient services prior to 1/1/08 and extending in to 2008</p>	<p>Transfer of information will happen automatically; you don't need to do anything. UBH, the facility, and your current health plan will work together to ensure there is a smooth transition and coordination of care.</p>

Once you make your plan selections for 2008, you may have additional questions about the transition of your behavioral health benefits.

- There are special transition benefits for you and covered family members if your behavioral health plan is being changed.
- The transition of care is designed to allow a member to complete treatment with their provider within a 6-month period or provide 6 months in which time to transition care to a provider that is contracted with UBH.
- After the 6-month transition of care window (until June 30, 2008) UC members will access behavioral health care from a UBH provider.

*** Note: This document is not a guarantee of benefits. It is a summary intended for communication purposes.**