

**Transition of Care Guidelines & Information:**  
**If you are in Blue Cross PLUS or Definity**  
**and your out-of-network behavioral health benefits will be eliminated:\***

<b>What's Available</b>	<b>What You Need to Do</b>
<p><b>Outpatient Care:</b> If your outpatient behavioral health provider is not a UBH provider, you may be able to continue with your current non-participating provider through UBH at the in-network benefit level until 6/30/08. You must have been receiving mental health or substance abuse outpatient services prior to 1/1/08 and extending in to 2008</p>	<p>If receiving outpatient care, call UBH at 1-888-440-UCAL (8225) after November 1, 2007 or within the first 31 days of 2008 for a certification of the transition benefit.</p>
<p><b>Inpatient Care:</b> If you are receiving inpatient mental health or substance abuse treatment from a behavioral health provider that is not a UBH provider, you may be able to continue with your current non-participating provider through UBH at the in-network benefit level until discharge. You must have been receiving mental health or substance abuse inpatient services prior to 1/1/08 and extending in to 2008</p>	<p>Transfer of information will happen automatically; you don't need to do anything. UBH, the facility, and your current health plan will work together to ensure there is a smooth transition and coordination of care.</p>

Once you make your plan selections for 2008, you may have additional questions about the transition of your behavioral health benefits.

- There are special transition benefits for you and covered family members if your behavioral health plan is being changed.
- The transition of care is designed to allow a member to complete treatment with their provider within a 6-month period or provide 6 months in which time to transition care to a provider that is contracted with UBH.
- After the 6-month transition of care window (until June 30, 2008) UC members will access behavioral health care from a UBH provider.

**\* Note: This document is not a guarantee of benefits. It is a summary intended for communication purposes.**