

Insurance Carrier Toll-free Numbers

Medical Plans

Blue Cross PLUS and Blue Cross PPO	1-888-209-7975
Core	1-888-209-7975
CIGNA Choice Fund (Pre-enrollment/New Members)	1-800-401-4041
(Member services)	1-800-244-6224
Health Net HMO	1-800-539-4072
Health Net Primary EPO	1-800-539-4072
Kaiser Permanente—California	1-800-464-4000
Kaiser Permanente—Mid-Atlantic	
In Washington D.C. Metro area	1-301-468-6000
Outside Metro area	1-800-777-7902
Western Health Advantage	1-888-563-2250
United Behavioral Health (UBH)	1-888-440-8225

Dental Plans

Delta Dental PPO	1-800-777-5854
DeltaCare® USA	1-800-422-4234

Other Plans

Vision Service Plan (VSP)	1-800-877-7195
ARAG Legal Plan	1-800-828-1395
Disability Insurance (Liberty Mutual)	1-800-838-4461
Life Insurance (Prudential)	1-800-524-0542
AD&D (American Home Assurance)	1-800-772-7863
Automobile and Homeowner/Renter (A+ - formerly California Casualty)	1-866-680-5143
DepCare (SHPS, Inc.)	1-877-270-3915
Health Care Reimbursement Account (SHPS, Inc.)	1-877-270-3915